

OVERWHELMING!

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Nowadays, we tend to be overwhelmed with a lot of things. It can be from a one-time big-time event or a series of things that have eventually piled up. For instance, when there is major decision that needs to be made like finding a new job or resigning from your current job, being burdened with a heavy workload, school requirements that we have yet to start working on, tiresome housework that needs to be done, errands left in the back burner, social media posts that need to be updated and news that we have to catch up on, managing our worrisome finances, keeping and nurturing relationships, parenting, an unexpected illness or perhaps the loss of a loved one. Indeed, these can be overwhelming.

Everyday, inevitably, many things are going on in our own lives. When we think about all these things - our lives, families, responsibilities, and the things that are going on, one might end up concluding that life is and can be overwhelming.

I have my own share of overwhelming experiences these past couple of weeks. I needed to adjust my schedule a couple of times due to a series of unexpected situations, an unplanned visit with a doctor, added responsibilities at home because my parents were not around, an unpleasant experience while driving, a series of vet visits for our dogs, school requirements and deadlines, among many others.

Looking back, at one point, I was really overwhelmed. However, as I took time to pause and reflect, the Lord quieted my heart and reminded me that I have a big God and He is bigger than all the challenges that I am experiencing. As a familiar Sunday school lyric reads, My God is so big so strong and so mighty, there's nothing my God cannot do! Indeed, there is truth to this. But not only is my God a big God, He is also with me. Wherever I am, He is there! He is leading and holding me in His hands. This reminded me of a familiar Psalm.

Where shall I go from your Spirit?
Or where shall I flee from your presence?
If I ascend to heaven, you are there!
If I make my bed in Sheol, you are there!
If I take the wings of the morning
and dwell in the uttermost parts of
the sea,
even there your hand shall lead me,
and your right hand shall hold me. -
Psalm 139:7-11

These verses paint a beautiful picture of God's presence, and this allowed me to have a change in perspective - a change of heart. I am no longer overwhelmed by the circumstances that I am in, rather, I became overwhelmed by the overwhelming love and presence of God.

What are the things that overwhelm you? Know that the presence of God is more overwhelming! His

handprint is all over our lives. We just need to be sensitive to how He is moving and is allowing us to experience Him each and every day.

It is my prayer that you will get to see and experience the overwhelming presence of God not only in joyful times but even as you face some trying moments in life.

DVBS 2021

We praise and thank God for the opportunity to conduct our first virtual DVBS last June 23-25 entitled "Walking with Jesus." It was 3 days filled with fun memories as we spent time studying the Bible, doing arts & crafts together, memorizing our memory verse, playing games and meeting new friends.

Indeed, the Lord moved so mightily in our midst and in the lives of the 63 students and 21 teachers who participated in the event. It is our prayer that they will continue to strive and persevere to walk in a manner that is pleasing and glorifying before God.

If you want to know more about our kids' ministry or if you want to connect your children to a Growth Group, please visit our Children's Ministry Facebook page for more details. ✱